



# Kool Dance



(AKA PROGRESSIVE COWBOY, FLORIDA WIGGLE)

**Description:** 40 Count, 4 Wall, Beginner Line Dance

**Choreographer:** Curtis "Hoss" Marting

**Music:** I'm A Cowboy by: Smokin' Armadillos  
Tribal Dance by: 2 Unlimited

**Instructor:** Dee Blansett, Chardon, OH

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## RIGHT HEEL, TOUCH, STEP SLIDE; LEFT HEEL, TOUCH, STEP SLIDE

1 - 2 Touch Right heel – 45 degree angle forward right (1), Touch Right toe beside left (2)

3 - 4 Step Right – big step side right (3), Slide Left next to right (4) weight on right

5 - 6 Touch Left heel – 45 degree angle forward left (5), Touch Left toe beside right (6)

7 - 8 Step Left – big step side left (7), Slide Right next to left (8) weight on left

9 - 16 **Repeat Above Steps ( 1 – 8 )**

## HIP BUMPS

1 - 4 (Step fwd. slightly on right) Bump hips diagonally Right - **twice** (1-2), (Shift weight to left) Bump hips diagonally Left - **twice** (3-4)

5 - 8 Bump hips straight back – **twice** (5-6), Bump hips straight forward – **twice** (7-8)

## TWO COUNT HIP ROLL COUNTER CLOCKWISE, WALK FORWARD (4X), HEEL, TOE

1 - 2 Roll Hips counter-clockwise for two counts with weight ending on Left foot (1-2)

3 - 6 Step forward Right (3), Left (4), Right (5), Left (6)

7 - 8 Tap Right Heel forward (7), Touch Right toe back (8)

**Option: You can do any other 2 count move you would like here (body roll etc.)**

## STEP FORWARD, (PIVOT ¼ RIGHT) POINT SIDE LEFT, CROSS, POINT, CROSS, STEP BACK, STEP TOGETHER, JUMP

1 - 2 Step forward Right (1), Pivot ¼ right and point Left toe side left (2)

3 - 4 Cross/Step Left over right (3), Point Right toe side right (4)

5 - 6 Cross/Step Right over left (5), Step back on Left (6)

7 - 8 Step Right next to left (7), Jump both feet forward (8)

**Option: Instead of doing one jump forward on count 8, you can do two quick jumps forward, which would make the count (&8) instead of just (8).**

**Repeat!**