

# Country Girl Shake



**Description:** 32 Count, 4 Wall, Beginner/Intermediate Social Cha Line Dance  
**Choreographer:** Michele Adlam & Maria Hennings Hunt

**Music:** Country Girl (Shake It for Me) By: Luke Bryan

**Class Instructor:** Dee Blansett, Concord, OH  
[DeeBlansett@udancers.com](mailto:DeeBlansett@udancers.com)

[www.UDancers.com](http://www.UDancers.com)

## Walk, Walk, Hip Bumps, Rock Recover, ½ Turn Shuffle Left

1-2 Step Right forward (1), Step Left forward (2)  
3&4 Step right forward-Bump Right hip forward (3) Bump Left hip back (&) Bump Right hip forward (4)  
5-6 Rock forward Left (5), Recover onto Right (6)  
7&8 Step Left ¼ turn left (7), Step Right beside left (&), Step Left ¼ turn left (8) **6:00 Wall**

## Walk, Walk, Hip Bumps, Rock Recover, Chasse Turn ¼ Left

1-2 Step Right forward (1), Step Left forward (2)  
3&4 Step right forward-Bump Right hip forward (3) Bump Left hip back (&) Bump Right hip forward (4)  
5-6 Rock forward Left (5), Recover onto Right (6)  
7&8 Turn ¼ turn Left -Step Left side left (7), Step Right Beside left (&), Step Left side left (8)  
**3:00 Wall**

## Right Cross Rock-Recover, Step, Cross Rock- Recover with ¼ Turn, Forward Mambo, Step back, Hip Bumps

1&2 Cross/Rock Right over left (1), Recover onto Left (&), Step on Right side right (2)  
3&4 Cross/Rock Left over right (3), Recover onto Right (&) Step Left ¼ turn left (4) **12:00 Wall**  
5&6 Rock forward Right (5), Recover on Left (&), Step Right back (6) weight on right  
7&8 Bump hips –forward Right (7), Left (&), Right (8)– Keep weight on left

## Heel & Heel &, ¼ Right Heel Grind, Coaster Step, Shuffle Full Turn Right (or Shuffle Forward)

1&2& Tap Right heel forward (1), Step Right together (&), Tap Left heel forward (2), Step Left together (&)  
3-4 Touch Right heel forward (3), Grind Right heel out turning ¼ right (4)- weight stays on Left  
5&6 Step Right back (5), Step Left together (&), Step Right forward (6)  
7&8 Turn ½ right - Step back on Left (7), Step Right Together (&) Turn ½ Right - Step forward Left (8)  
**Alternative ending shuffle forward: Left, Right, Left**

**Repeat!**